



# Lifeline

Newsletter of Hui Wa'a Kaukahi

Spring 2001 Issue 01 - 2

## Featured in this issue:

- **Paddling Schedule for the months of March 2001 through June 2001.**
- **Photo Tabloid — the year 2000 captured in pictures.**
- **Membership Directory.**

Schedule changes have been made to the following club meeting presentations:

Tuesday, March 20 — 7:00 p.m. at Church of the Crossroads.

Subject: International Paddling presented by Audrey Sutherland, author of Paddling Hawaii, and one of Paddler magazine's top Paddlers of the Century (Jan/Feb issue).

Tuesday, April 17 — 7:00 p.m. at Church of the Crossroads.

Subject: CPR Workshop conducted by Captain Alan Calhoun of the Honolulu Fire Department.

Tuesday, May 15 — 7:00 p.m. at Church of the Crossroads.

Subject: Slide show of United Kingdom adventures including coastal biking and kayaking in Ireland and narrow-boating through the canals of Wales, presented by Gretchen and Bill Arnemann.

### *Apologies from the Editor:*

- *The photographer of the cover picture featuring Rusty and Fish in the Winter 2000 issue was misidentified. Dr. Kevin Ching is the shutterbug who took the memorable shot.*
- *The name of the newly elected Secretary for Hui Wa'a Kaukahi — Dani Kroll — was inadvertently omitted from the list of officers on page 2 of the New Year 2001 issue.*

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\*Ex-officio voting Board members

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## **RESERVATIONS FOR HUI BUOY AND BREAKFAST BONANZA**

**Sunday, April 1, 2001**

Make your reservations for the Outrigger Canoe Club's Extravagant Breakfast Buffet following the round trip paddle from Kaimana Beach to the Diamond Head buoy on Sunday, April 1, 2001 by contacting **Jon Haig** at **946-0481** or at **jonphaig@aol.com**. Jon has reserved twenty seats in a semi-private area of the Outrigger's dining room with an unobstructed view of the ocean. The all-you-can-eat buffet features made-to-order eggs, omelettes, mini-waffles, French toast, and pancakes; an assortment of hot entrees such as mahimahi, hash browns, eggs Florentine, crepes, bacon, sausage, and scrambled eggs; fresh fruits, chilled juices, and pastries. The cost is \$17.07 without coffee and a dollar more with coffee. You can pay Jon at the door or prior to this event.

### **CONTRIBUTING PHOTOGRAPHERS to this issue**

**Alan Calhoun  
 Dr. Kevin Ching  
 Andy Collins  
 Jean Ehrhorn  
 Joseph Hu  
 Dani Kroll  
 Rusty Lillico  
 Ann McLaren  
 Lois Miyashiro  
 Bob Walls  
 Maghna Zettle**

## **President's Message:**

Welcome, Paddlers. This is the season of mixed weather. A typical weather report at this time of year includes high surf on the North and West shores, seas eight to twelve feet, winds 21 knots gusting to 27 knots, and small craft advisories posted. This is the time to pick and choose your paddles wisely. It was heard about the latest club-cancelled "Weed Out the Wimps" paddle that when Gary Budlong puts on his life vest and knee straps, it is time for most people to stay on the beach! Gary, paddling as an individual, went on to describe finding black holes in the ocean that day on the outside of Hanauma Bay. The black hole, as he relates it, is when a wave carries you to a spot in the ocean where, for a second, you see a calm spot five or more feet below you with churning seas all around and then, in an instant, you either surf or fall into it before the seas cover you and the hole up again.

Although you may not intentionally choose to go out into these kinds of situations, sometimes the seas and conditions change as you're paddling along, especially along coastlines you have never paddled before. This may be the time to prepare yourself physically and mentally to survive such an encounter before you choose to do the big paddles. Here are some suggestions:

1. Get in good physical shape. If you capsize in rough seas, it takes physical effort to be able to right your kayak and pull yourself back into the boat, especially with a life vest on. Heed Audrey Sutherland's adage -- you must be able to get back into your boat ten times out of ten when paddling far from help or along a rough coast.
2. Check your boat out. You will always see experienced paddlers examining their boats before a big trip, making sure all leaks are taken care of, rudders working smoothly, replacing any damaged cords or leashes, and taking their boats in to a kayak shop for repairs or fine tuning, if necessary.
3. Practice your techniques. The South shore of Oahu at this time of year has several spots to practice getting in and out of the kayak in waves, such as outside the Hilton or the Elks Club. Paddling with a buddy and staying away from the surfers, you can practice in water you can stand in and then move further out to water over your head, practicing righting your boat, positioning your boat into or away from the surf, getting into your boat, and positioning your paddle before the next wave washes over you. You may even like being in the waves and surf them. Also practice paddling into the wind or broadside to the wind. The windward side of the island between the Mokulua Islands to Chinaman's Hat or in Kaneohe Bay is ideal for that. Stay inside the reef until you are ready for ocean swells.
4. Develop rescue and escape plans. Picture yourself in rough situations and plan how to avoid or get out of them. For example, picture yourself a mile outside of Ke'e Beach on Kauai with your boat fully loaded for a week of paddling along the Na Pali coast. A rogue wave and squall have just hit you from behind and capsized your boat, and the wind and current with white caps all around you are pushing you to Asia. Your paddle was jerked out of your hands. What do you do? You could ask for help from your buddy with whom you have arranged before the paddle to always be within hailing distance. If he or she is not there, you could right your boat and get back into it immediately. If the wind prevents you from immediately righting your boat, you should know to reach under your boat for your knee straps to right your boat. If your boat rolls like a log preventing you from getting back on, you should know that the boat is probably filled with water and you should open your hatch, get out your bilge pump which is easily accessible, and pump out the water before attempting to get back onto the boat. Ideally, you would have noticed that the boat was tippy even before you capsized and had pumped out the water while you were still on the boat. If you have a paddle lease, you would be able to retrieve your paddle. If the leash broke, you could reach into your hatch and get out your spare paddle. If the waves were too strong, you would know to paddle by cutting the waves at an angle to get back into the lee (non-windward side) of the coast. If none of these work, you could radio for help with your fully-charged VHF marine radio or cellular phone which are in their waterproof pouches and signal the rescuers when they arrive with items from your safety kit that you always have on board.

Do these stories give you food for thought?! Enjoy your paddling and come to our meetings to hear the actual stories.

*Joe Hu*  
*President*

HUI WA'A KAUKAHI PADDLING ODYSSEY. MARCH THROUGH JUNE 2001

DATE	EVENT	MILES	RATING	LEADER/CONTACT
<u>March</u> 04 Sun	<b>Circle Rabbit Island</b> <i>Round trip from Makai Pier (Makapuu).</i>	4.5	4	<b>Charles Ehrhorn</b> 395-6180 ehrhorn@lava.net
10 Sat	<b>Heeia Kea Boat Harbor to Kualoa Regional Park</b> <i>With a rest stop and hike to the top of Mokolii Island (Chinaman's Hat).</i>	7	2 to 3	<b>Bob Walls</b> 247-2415 wallsbob@hawaii.rr.com
20 Tues	<b>Meeting – 7:00 pm at Church of the Crossroads</b> <i>Subject: International Paddling presented by Audrey Sutherland, author of <u>Paddling Hawaii</u>, and one of <u>Paddler</u> magazine's top Paddlers of the Century (Jan/Feb 2000 issue).</i>			
22 Thurs	<b>"Thurfing Thurfdays" – 4:30 pm to 5:30 pm</b> <i>Location TBA at meeting.</i>			
25 Sun	<b>Circle Lake Wilson</b> <i>Round trip from Wahiawa State Freshwater Park. Fishing permit, fishing pole, and life vest required.</i>	5 RT	1	<b>Lois Miyashiro</b> 551-0637 (c) loikake@hawaii.rr.com
<u>April</u> 01 Sun	<b>"Hui Buoy and Breakfast Bonanza"</b> <i>From Kaimana Beach (New Otani Kamaina Beach Hotel) to Diamond Head (red) buoy to Outrigger Canoe Club for a hearty breakfast.</i>	3 RT	2	<b>Jon Haig</b> 946-0481 jonphaig@aol.com
13-15 Fri-Sun	<b>Annual Easter Camp at Kualoa Regional Park</b>			<b>Joseph Hu</b> 528-3600 advisor@aloha.net
14 Sat	<b>9:00 a.m. – Kualoa Regional Park to Kahana Bay</b>	7	2 to 3	<b>Timothy Sawyer</b> 595-5195 sawyert001@hawaii.rr.com
14 Sat	<b>2:00 p.m. – Paddle Clinics at Campsite</b>  <b>Pyromaniacs' Nite Lite Inferno Delite at Campsite</b>			<b>TBA</b>
15 Sun	<b>Annual Easter Egg Scramble and Easter Head Topper Contest</b>			
17 Tues	<b>Meeting – 7:00 pm at Church of the Crossroads</b> <i>Subject: CPR Workshop conducted by Captain Alan Calhoun of the Honolulu Fire Department.</i>			
19 Thurs	<b>"Thurfing Thurfdays" – 4:30 pm to 5:30 pm</b> <i>Location TBA at meeting.</i>			
29 Sun	<b>Ewa Beach Park to Hawaiian Electric Beach Park (Kahe Point)</b>	13	3 to 4	<b>Jeff Aurrecoechea</b> 261-3154 273-8455 (pager)
27-May 1 Fri-Wed	<b>Novice Neighbor Island Kayaking Camping Trip to Lanai</b> <i>A neighbor island paddle for the first-timer (or second-timer). Limit: 8 people. Contact Alan to be put on the list.</i>		2 to 3	<b>Alan Calhoun</b> 621-6146 kayak-fool@hawaii.rr.com <b>Kevin Ching</b> 947-4526 chingdds@aol.com

**HUI WA'A KAUKAHI PADDLING ODYSSEY. MARCH THROUGH JUNE 2001**

DATE	EVENT	MILES	RATING	LEADER/CONTACT
<b>May</b>				
<b>04-06 Fri-Sun</b>	<b>James Sutherland Kayak Fishing Tournament and Camp at Kaiaka State Recreation Area (Haleiwa)</b> <i>Camping from Friday through Sunday. Tournament on Saturday. Details TBA.</i>		<b>3</b>	<b>James Sutherland</b> 622-1257 dsuth@aol.com
<b>15 Tues</b>	<b>Meeting – 7:00 pm at Church of the Crossroads</b> <i>Slide show of United Kingdom adventures including coastal biking and kayaking in Ireland and narrow-boating through the canals of Wales, presented by Gretchen and Bill Arneemann.</i>			
<b>17 Thurs</b>	<b>“Thurfing Thurfday” – 4:30 pm to 5:30 pm</b> <i>Location TBA at meeting.</i>			
<b>19 Sat</b>	<b>Maunalua Bay Beach Park (Hawaii Kai) to Waialae Beach Park (Kahala)</b> <i>9:00 a.m. – Car pool. 10:30 a.m. – Launch. Lunch at Waialae Beach Park.</i>	<b>4.5</b>	<b>1 to 2</b>	<b>Ann McLaren</b> 988-2858 wpang@gte.net
<b>27 Sun</b>	<b>Visit Club Moke -- Round trip from Kailua Boat Ramp or Bellows Field Beach Park to the Mokulua Islands</b> <i>Picnic on the “Mokes”.</i>	<b>4 RT</b>	<b>1 to 2</b>	<b>Bob Walls</b> 247-2415 wallsbob@hawaii.rr.com
<b>June</b>				
<b>03 Sun</b>	<b>Kahana Bay to Hauula Beach Park or Malaekahana State Recreational Area</b>	<b>6 to 10.5</b>	<b>3 to 4</b>	<b>Timothy Sawyer</b> 595-5195 sawyert001@hawaii.rr.com
<b>10-11 Sat-Sun</b>	<b>“Surf For Life” Kayak Surfing Contest at White Plains Beach (Kalaeloa)</b>			<b>Gary Budlong</b> 737-9514 gobananaskayaks@aol.com
<b>16 Sat</b>	<b>“Big Kahuna” – Yum Yum Tree (Kailua) to Heeia Kea Boat Harbor</b> <i>With a rest stop at Moku Manu Island.</i>	<b>11</b>	<b>4</b>	<b>Gary Budlong</b> 737-9514 gobananaskayaks@aol.com
<b>19 Tues</b>	<b>Meeting – 7:00 pm at Church of the Crossroads</b>			
<b>21 Thurs</b>	<b>“Thurfing Thurfday” – 4:30 pm to 5:30 pm</b> <i>Location TBA at meeting.</i>			
<b>24 Sun</b>	<b>Haleiwa Beach Park to Camp Erdman (Mokuleia)</b>	<b>8.5</b>	<b>3 to 4</b>	<b>Alan Calhoun</b> 621-6146 kayak-fool@hawaii.rr.com

**Notes:**

- Schedule is subject to change.
- TBA = to be announced.  
RT = round trip.
- Please contact the leaders if you have any questions about the skill level and the mileage of the paddles, and to notify them that you will be participating.
- Ratings of the paddles are based on average conditions. Weather and ocean conditions can change rapidly which would increase the difficulty of the paddle. It is up to each individual to assess the conditions prior to launching according to his/her experience and ability, and to decide whether to participate or not.
- A paddle will be cancelled by the leader(s) when there is a Small Craft Advisory.
- Contact Andy Collins for “Thurfing Thurfday” details.
- Contact Charles Ehrhorn for Progressive Fishing Tournament details and registration.

**Required for all paddles** (unless otherwise specified):

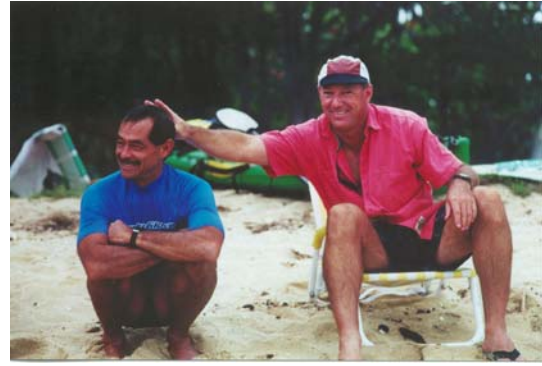
- 8:30 a.m. – car pool.
- 9:00 a.m. – assemble at designated starting site and have kayaks ready to launch.
- 9:15 a.m. – launch.

# Winners....

# Photo Contest 2000



**1st Place — Surfer Chuck at Rabbit Island**  
*Photo by Alan Calhoun*



**2nd Place — The Odd Couple**  
*Photo by Lois Miyashiro*



**3rd Place — Club Moke**  
*Photo by Bob Walls*

# James Sutherland Fishing Tournament



**2nd Place — Maghna Zettle**



**1st Place — James Sutherland**



**3rd Place — Lois Miyashiro**



# Windbag Regatta

## or different ways to propel your kayak....



*By parasail....*  
the champs, Joe Cool



*By sail....* Steve



*By umbrella....* Offstein's



*By paddle....* Charlie



*By kite....* Ellie and Andy



Stacey Brookfield Cancer  
Foundation Surf and Kayak  
Surfing Contest — Expert Sit-  
On-Top category

## Another Winner....

Chuck Ehrhorn — 2nd place



Easter Inferno



## Christmas Party



Entertainment ! *by Dennis and Group, and Andy*



Food !



Sharing !



Camaraderie !



And dancing ! and more dancing!





# Kauai Rivers



Kilauea Falls



Kalihiwai Falls



Hanalei Lookout

# North Maui

Bob at  
Viagra  
Rock



# hit by a squall on Mokolua Island



before



awaiting,  
anticipating,  
anxious





# Na Pali Coast/Kalalau Valley



**birthday girl**



**and food!**

## **faces of kalalau**







# Fish Tales



# kayaks kayaks



## HUI WA'A KAUKAHI MEMBERSHIP APPLICATION AND WAIVER FORM

Please check one box:

☐

New member

☐

Renewal

[Please print legibly]

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_ Work Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_

\*ACA/Hui active member: ☐ Individual @ \$31.00 ☐ Family @ \$38.00

or Hui member only: ☐ Individual @ \$16.00 ☐ Family @ \$18.00

\*ACA/Hui active memberships are encouraged. It includes a Paddler Magazine, American Canoeist newsletter subscriptions, and comprehensive liability insurance for you and the Club.

In consideration of being allowed to participate in any way in the American Canoe Association, Inc. and Hui Wa'a Kaukahi, a nonprofit corporation, athletics/sports program and related events and activities, the undersigned:

1. Agrees that, prior to participating, he/she will inspect the facilities and equipment to be used, and if he/she believes anything is unsafe, he/she will immediately advise the coach/supervisor of such condition(s) and refuse to participate;
2. Acknowledges and fully understands that each participant will be engaging in activities that involve risk of serious injury including permanent disability and death, and severe social and economic losses which might result not only from his/her own actions, inactions, or negligence but the actions, inactions, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time;
3. Assumes all foregoing risks and accepts personal responsibility for the damages following such injury, permanent disability, or death;
4. Releases, waives, discharges, and covenants not to sue the American Canoe Association, Inc. or Hui Wa'a Kaukahi, a nonprofit corporation, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organizations, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the events, all of which are hereinafter referred to as "releases", from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER AND RELEASE, UNDERSTANDS THAT HE/SHE HAS GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGNS IT VOLUNTARILY.

Date \_\_\_\_\_ Signed \_\_\_\_\_





**MEMBERSHIP  
DIRECTORY**

**2001**

Contact Charles Ehrhorn at 395-6180 or at ehrhorn@lava.net to register or if you need further information. Good luck! And happy fishing!

1. Fish must be over seven (7) inches in length to qualify. (Throw the little ones back into the ocean, please!)
2. Fish must be caught on Club-sanctioned outings, including Club-coordinated neighbor island trips.
3. Fish must be caught using a line, such as with a rod or a hand line. Catches using spears, nets, explosives, or chemicals are not allowed. Fish jumping into the kayak by itself may count towards your total.
4. You must have a witness to your catch. A photograph is better.
5. You can return your qualifying fish to the deep as long as you have someone to verify your catch.
6. Honor system prevails!

\$25 for non-members to enter the tournament. Rules include:  
the year will be awarded at the Annual Christmas Party. There is a one-time fee of \$5 for members and where, and how many. Awards for first, second, and third places for the total number of fish caught during January 1, 2001. Charles Ehrhorn will be the "Keeper of the Record" and will track who catches what, Hui Wa'kaukahi is embarking on a new odyssey this year — a progressive fishing tournament starting on

## 2001: A FISH ODYSSEY aka PROGRESSIVE FISHING TOURNAMENT — 2001



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