

Lifeline

Newsletter of Hui Wa'a Kaukahi

Summer 2006 ♦ Issue 06 - 4

MAINLANDERS PARTICIPATE IN SURF ALOHA 2006



Mark Pastick, Santa Cruz, California; Tom McCormack, Sewell, New Jersey; Rob Casey, Seattle, Washington; Richard Woodbury, Santa Cruz, California; Hamp All, Bremerton, Washington; and Fletcher Burton, Arroyo, California.

OAHU SURF ALOHA WELL RUN AND FUN SURFING

by Mark Pastick in California

Three of us trained all weekend at the beaches of Waikiki and the south coast of Oahu Surf Camp. Pulling double sessions for 8 days in a row, we covered lots of ground. Suicides, Tonggs, Graveyards, Queens, Chungs, Sand Island, Ke'ehi, Hickam Air Force Base (thanks, Hamp), and, of course, Barbers' Point, the Aloha surf contest site. Some of the moments that stood out were: renting a 10th floor condo with a beautiful view of the harbor and Ala Moana Bowls surf spot from a tattoo artist, surfing with friends and watching their skills grow, warm water, teamwork, flowers, coral, fish, returning the mafia rental car with a warped roof, sunscreen, sandals, and how good your skin feels.

Pictures and videos of the Surf Aloha contest are available at www.surfaloha2006.com. This surf contest was based on fun, with events like the SOT doubles, Open Deck Rudders, and Sprint race through the surf zone. Half the event on Sunday was handing out awards and prizes. Highly recommended for a possible future world cup location, sanctioned team event. Hawaiians don't usually surf with PFD's but were required for this event.

WINNERS OF SURF ALOHA 2006

photos by Joe Hu



Deck Boat, Open – #3 Devin Moody; #2 Shaun Yates; #1 Hamp All



Kaos Chaos, Open – #3 Paul Malaspina; #2 Jon Sylvester; #1 Danno Holden



Masters, Civilian – #1 Francis Lee; #3 Heinrich Albert; #2 Chuck Hill



Open Da Kine, Military – #2 David Fant; #3 Paul Sichenzia; #1 Hamp All



Open Da Kine, Novice – #3 Paul Sichenzia; #1 Chuck Hill; #2 Steven Howell



Open Da Kine, Expert – #2 Shaun Yates; #3 Frank Vanderbeck; #1 Leonard Reeves



Scramble'd Up, Open – #1 Paul Tibbetts; #3 Alan Calhoun; #2 Jeff Aurrecoechea



Sit on Top With Rudder, Open – #3 Paul Malaspina; #2 Leonard Reeves; #1 Steven Howell



Sit on Top Without Rudder, Novice – #2 Paul Tibbetts; #3 Paul Malaspina; #1 Al Kawaiaea



Sit on Top Without Rudder, Expert – #3 Chuck Ehrhorn; #1 Craig

Stenstrom; #2 Frank Vanderbeck



Strike Out, Novice – #1 Gilbert Ho; #2 Al Kawaiaea; #3 Tim Sawyer



Strike Out, Expert – #3 Alan Calhoun; #2 Chuck Hill; #1 Frank Vanderbeck



Surf Sprint – #3 Stan McCrea; #2 Kevin Ching; #1 Devin Moody







Wahines, Open – #2 Aimee Chiland; #3 Jodi Dingle; #1 Lindy Williams



Wave Ski, Novice – #3 Jon Sylvester; #2 Steve Harris; #1 Larry Sarner



Wave Ski, Expert – #3 Shaun Yates; #2 Craig Stenstrom; #1 Fletcher Burton

WINNERS OF KAYAK DRAWING

photos by Joe Hu



Lindy Williams

Donna Buscemi



Paul Tibbetts



Jean Ehrhorn



LIST OF SURF ALOHA 2006 WINNERS

Deck Boat, Open

- 1. Hamp All
- 2. Shaun Yates
- 3. Devin Moody

Open Da Kine, Novice

- 1. Chuck Hill
- 2. Steven Howell
- 3. Paul Sichenzia

Sit on Top Without Rudder, Novice

- 1. Al Kawaiaea
- 2. Paul Tibbetts
- 3. Paul Malaspina

Surf Sprint

- 1. Devin Moody
- 2. Kevin Ching
- 3. Stan McCrea

Kaos Chaos, Open

- 1. Danno Holden
- 2. Jon Sylvester
- 3. Paul Malaspina

Open Da Kine, Expert

1. Leonard Reeves

2. Shaun Yates

3. Frank Vanderbeck

Sit on Top Without

Rudder, Expert

1. Craig Stenstrom

2. Frank Vanderbeck

Masters, Civilian

- 1. Francis Lee
- 2. Chuck Hill
- 3. Heinrich Albert

Scramble'd Up, Open

- 1. Paul Tibbetts
- 2. Jeff Aurrecoechea
 - 3. Alan Calhoun

Strike Out, Novice

- 1. Gilbert Ho
- 2. Al Kawaiaea
- 3. Tim Sawyer

3. Chuck Ehrhorn

Tandem, Civilian

- 1. Jodi Dingle & Paul Tibbetts
- 2. Chalsa Loo & Steve Harris
- 3. Devin Moody & Shaun Yates

Wave Ski, Novice

- 1. Larry Sarner
- 2. Steve Harris
- 3. Jon Sylvester

Wave Ski, Expert

- 1. Fletcher Burton
- 2. Craig Stenstrom
 - 3. Shaun Yates

Open Da Kine, Military

- 1. Hamp All
- 2. David Fant
- 3. Paul Sichenzia

Sit on Top With Rudder, Open

- 1. Steven Howell
- 2. Leonard Reeves
- 3. Paul Malaspina

Strike Out, Expert

- 1. Frank Vanderbeck
 - 2. Chuck Hill
 - 3. Alan Calhoun

Wahines, Open

- 1. Lindy Williams
- 2. Aimee Chiland
 - 3. Jodi Dingle

STEVE'S REEL THRILL

by Steve Harris



year's winner who also has to organize the contest. Last year it was known as the "Alan Calhoun," and Rusty had scored a 10-pound Ulua at Malaekahana to take first place. That was also memorable for Rusty because he dropped another cell phone overboard in the process of landing his winner.



I got to the park just about 7:00 a.m. which is when the starting gun was supposed to sound. There weren't too many fishermen around as I rushed to unload my boat and get in the water. "No problem, I'll roll all my stuff by the registration table in one trip on the way to the beach," I thought. Stan McCrea was pulling <u>out</u> of the parking lot, heading for Kahana Bay so he would be able to

paddle with the wind back to the weigh-in station. Good idea, but I had already unloaded my truck so I headed for the registration table.

Wow, nobody had launched yet and it was still pretty gray and windy. Rusty said "no hurry,"

[Steve's Reel Thrill – continued]

he was extending the finish time from 12:00 noon to 1:00 p.m. That didn't bother Alan who said all he needed was 20 minutes.

Even after driving all the way out from Waikiki, I ended up first to launch, just ahead of Chuck Ehrhorn. After Stan's comment, I decided my strategy would be to head straight out into the wind and just go as far as I could before turning around and running back downwind to the campsite. If I went left or right, up or down the coast, I'd be battling the wind all day instead of just until I got tired.

But first I had to get out through the pretty healthy breakers that were filling Laie Bay. I knew there was a way but it looked pretty risky. I charged out, going right, then left, getting lucky, and finally making it through the surf zone to the outside. "Whew, that's over."

Into the water with my frozen opelu hooked to my double hook deep sea fishing rig on my lucky new rod and reel. It was still breezy and the swells were big and steep but they weren't breaking so I was good to go. I was by Goat Island and soon I was by the next little island on my left. Then I was by the Laie Point islands and the sailing was pretty smooth.

All of a sudden, bam, I got a big knock down on the opelu rig and I knew I had a good fish on. The reel was really singing as the drag was set very low for mahimahi. because mahi attack from the back and eat their way forward up your bait. If they feel resistance, or the hook, they let go and spit the bait out. I stowed my paddle and grabbed the rod, but the line went dead as if the fish was off the hook. Big disappointment and I madly reeled in line to see if she was still on and swimming toward me instead of away. Yea, there's tension, she's still on! Wow, she's heading away again, and now she's jumping. Oh what a sight! It's a mahimahi alright; she's jumping all over the place, and heading straight out to sea. Tighten up the drag. But not too much; let her wear herself out. Mahimahi are very active and dangerous when boated too early with their wild energetic

flopping. Many an angler has been hooked by loose hooks when this happens.

"Well, so far so good, several jumps and she hasn't thrown the hook, she's not stripping all the line off my reel, I seem to have her under control. Look at those colors – iridescent blue along the top of the back – how beautiful. Whoa, there's some more jumps! What a great feeling holding on to this rod! She's definitely getting tired and getting closer to the boat. Just a little more; take it easy."

"Ah, here she is, very close now, open my back hatch, I'll want to get her in there as quickly as possible. She's really tired now and can barely move her head; good, she's ready. OK, bring her in close and grab the line. Oh, oh, what's this, one last wiggle; the loose (front) hook went into my nylon sun pants. shoot, gotta get that out before I can get her up and slide her into to the hatch. Yank, yank... nuts, it won't rip out of the pants, and hey, it kind of hurts, I better check this out. I pull up my pant leg. Oh no, it's not only in my pants, it's in my outside upper calf! Swell...now it's happened to me. But wait, it's not too deep; I'll just tear it out, no problem. Yank, yank again. Wrong! It just won't tear out. Your skin is very strong, just like Kerry Cloward said after he got badly hooked a few years ago."

"What do I do now? I have one hook in my leg, the other hook deep in her mouth and 6 inches of 700 pound stainless steel cable between the two. (I don't think about cutting the wire, plus I don't have wire cutters.) Well, how 'bout I just cut the skin between the two points where the hook goes in and comes out. It won't be bad, just a shallow little cut; the hook is very close to the surface. No problem. My hatch is open, just get out my Leatherman, open the blade. Oh, wait wrong one, close that and get the other one. OK, good, reach over, hold up the hook, take a cut. Oh, wait a minute, that kind of stings; well, it ought to, it's my leg, not just a piece of fish to Hesitate. Heck, I can't stop now. There's no other solution. Wow, this is like that guy in Utah who had to cut his hand off to rescue himself. No way, this is not nearly as bad as that, it's just a little flesh wound.

[Steve's Reel Thrill – continued]

Try again, that did it, almost out, just one more little thread. Great, got it! Perfect. Alright, lift her up, and there she goes sliding right into the hatch. She's caught on my life jacket, give another little shove."

"OK, that's it, she's in the boat! I landed a prize fish, in a fishing contest! It's a deep water fish too, just like the Screaming Reel guys in Kona off the Big Island. But this one's off O'ahu! Wow, am I excited?"

Back at the weigh in, she turns out to be the clear winner, weighing in at 19 pounds. I win a beautiful fish cooler and a waterproof camera. Rusty patches up my leg, and Stan gets me some ice and loans me a bin to get my fish home to cook. What a day!

It was outdone only two Sundays later when I christened that cooler with a 30 pound ulua caught off Rabbit Island. Catching an ulua was 50-year dream come true. I've been fishing for an ulua since I was about 13. Wow, I'm on a roll, <u>and</u> I'm back in the hunt in the Annual Progressive Fishing Contest!

WINNERS OF THE HWK ANNUAL BRAGGER'S RIGHTS FISHING TOURNAMENT 2006

Hosted by Rusty Lillico
Malaekahana State Beach Park
May 7, 2006

photos by Jean Ehrhorn

First Place Second Place Third Place Fourth Place Steve Harris Tim Sawyer Alan Calhoun Stan McCrea 19.1 lb mahimahi 5.6 lb awa'awa & 2 lb trumpet fish

1.8 lb omilu

1.7 lb omilu & 1 lb moana



Steve Harris

Rusty and Tim Sawyer



Rusty and Stan McCrea





Rusty and Alan Calhoun



FROM GO BANANAS WATERSPORTS

by John Enomoto

Last Chance for the Scupper Pro 2-Hatch???

Go Bananas Kayaks had such a hard time getting the factory to make this year's supply of Scupper Pro 2-hatch models that this might be the last time we ever see them again.

This kayak is legendary in our eyes as the best kayak camping boat for over 18 years and, in its 8th generation, the best they have ever been for being waterproof at the hatches.

If there was ever a good time to sell your old Scupper and get a new one, this is it.

We have a better rudder system available too! Imagine a hydrodynamic rudder blade that can bend past 90 degrees and pop straight again on its own accord.

A new seat cushion that makes the kayak comfortable all day rounds out some of the many improvements made over the years here at Go Bananas Kayaks.

Colors available are (we hope) Yellow, Lime Green, Sunrise, Sky Blue, and Titanium.

Only **28** are coming in and there are a number of people on our waiting list so reserve the last of the best multi-purpose kayaks ever made!

A WINDBAG FOR THE AGES

by Kevin K. L. Ching, DDS

He could taste it, smell it and feel it, that unmistakable feeling of total domination. Looking back, the nearest competitor was at least 200 feet behind and, in sailing terms, that is an insurmountable lead. The Windbag Regatta 2006 would crown a new winner for Windbag of the Year! Unfortunately, unbeknownst to him, it was the beginning of the end.

All week the wind was blowing 15 to 25 mph; small craft warnings had been posted. "Are we going to have the Windbag this year?" asked Barbara. She was concerned about how the wind was howling around Hawaii Kai. I assured her that the wind would die down by Sunday, the day of the race; in fact, I was concerned about the winds being too low. She didn't sound very reassured but I suggested she send in her application for the race that night anyway.

On Sunday, July 16, 2006, the day of the race, there was Barbara, already at the start, looking very confident. She was using her new Hobie Adventure complete with pedal fins. To qualify for the race, she had practiced with a 7.5

parafoil kite for two days. She would have used the Hobie sail but none were available on Oahu in time for the Windbag Regatta. The wind was barely blowing but that wasn't going to affect her as she was sure she would dominate the race using her unstoppable pedaling. Soon, Ed and Paul arrived. "Whoa!" I exclaimed as Paul



Start of the Windbag Regatta 2006

Maunalua Bay to Waialae Beach Park

July 16, 2006

carried his Sprinter to the shore. He had never used the kayak during our practice runs; instead, he had used the kayak I was using, the shorter and fatter (slower) Scupper Pro. Next came Ed. He brought down his fiberglass kayak that he had specifically modified to sail complete with double amas. What I wasn't prepared for was the crab claw sail that was a whopping 40 square feet of sail. He had never used that during practice runs either. "Watch Paul pull out his 13 parafoil kite for the race!" I mentioned, just waiting for the next surprise to happen. Steve and Chalsa were the next to arrive, and Steve had been practicing with his now famous "Viking Sail" that he had designed and had custom made. "Thanks for the suggestion that I should practice more with this rig, Kev!" Steve declared. "I really feel confident that I can win this year." Chuck was the final contestant, trying out a different approach -- the use of a kite and a surfing kayak with a planing hull.

I wanted the race to be delayed to the alternate date since the winds were so low but when we took a vote, it was unanimous that the race would be today, light winds and all. The last time we held the Windbag Regatta in anything but moderate to strong Trades, I had lost to Steve so I wasn't feeling very confident about my



WBR participants and escorts –
Colleen, Barbara, Chalsa, Steve, Kevin, Ed, Gary,
Chuck, and Paul

prospects today. The racers were finally ready for the start and we decided that we should start in the water. Chalsa chose to be in her kayak ready to start while most of us stood outside the cockpit. Then Jeanie yelled the start and the race was on!

Chalsa, Steve, Ed and Paul leapt to a strong start. As I sat in my kayak trying not to get tangled in my lines, the front four were taking I was almost 40 feet behind frontrunners before I started the race. Paiko'o Point, I finally caught up to the group but I had to paddle as the winds were too light. Ed was maintaining a lead of almost 50 feet ahead of me and paddling didn't seem to affect the distance. Steve was pulling ahead of me and he looked determined not to huli. A gust blew and I started to accelerate and pull ahead of Paul, Steve and Chalsa, who took an inside As I accelerated, so did Ed and he actually was pulling ahead. Now he was at least 200 feet ahead but the wind was starting to wane and I started to paddle again. At Niuiki Peninsula, I actually pulled within 50 feet of Ed and took an inside track. If I could get on the side of Ed, I could use Chalsa's technique of robbing his sail of wind. The problem was that as the wind started to pick up, so did Ed, and now he was pulling away. At the halfway point at Kawaikui, Ed was back at 200 feet ahead and never looked back. But he started to take a different track; curiously, he took the inside Later, he admitted it was a "rookie mistake", but I think he saw what I was trying to do in robbing his sail wind and was determined to not let it happen. I took the outside path but, at this point, I was almost ready to throw in the towel. Ed had a lead that he wasn't going to yield no matter if I was paddling or if there was a gust of wind. But, as he approached Wailupe, he went really inside, almost to the shore. At that track, he would have to turn makai to go around Wailupe, certainly doable, but that would add some extra distance to cover over myself who was outside and fighting the breakers. I decided that if I was going to have a chance to win, I better start paddling, and I did. This time the wind started to wane again and I was too far behind Ed for him to see me. He would have to turn almost 120 degrees behind to see me paddling hard and that is exactly what happened. By the time he saw me, I had made up all the distance between us and he had started paddling hard as well. I had the advantage in the momentum I had gained from

paddling way behind him which carried me in front. Then, as the wind started to pick up, my double sail filled with air and I was taking off. To my right, Ed was leaning way back to prevent the nose of his kayak from purling. He took a chance at letting his ama out of the water on the right side. Since it looked like he was accelerating, he pushed it and huli'ed. I never saw the huli but I noticed that I was pulling ahead. I turned to the finish line and tried to put Ed away. The wind was speeding up and my hull was starting to rise out of the water. glanced back and saw Ed at the corner of my eye; that was enough to start paddling hard in an attempt to demoralize him. Finally, I hit the shore, just 1 minute before Ed came pounding in. What would have happened if he hadn't huli'ed at the end? Probably the result would have been different. But, for today, Ed had to deal with that feeling of "what if?"



Winners Steve, Kevin, and Ed

WINDBAG REGATTA 2006 OFFICIAL FINISH TIMES

Placing and Name	Finish Time	Type of Kayak and Wind Device		
#1 Kevin Ching	45 minutes 21 seconds	Scupper Pro with 2 V-sails		
#2 Ed Rhinelander	46 minutes 42 seconds	Modified surfski with Polynesian crab claw		
#3 Steve Harris	47 minutes 40 seconds	Scupper Pro with Viking sail		
#4 Paul Tibbetts	52 minutes 1 second	Sprinter with parafoil kite (1st place kite)		
#5 Chalsa Loo	57 minutes 42 seconds	Scupper Pro with triangle sail		
#6 Barbara Wilkins	61 minutes 47 seconds	Hobie Adventure with parafoil kite (2 nd place kite and 2 nd place wahine)		
#7 Chuck Ehrhorn	84 minutes 15 seconds	Revision with parafoil kite (last man award)		

PRESIDENT'S MESSAGE by Joe Hu

Hello Paddlers,

1. **THE HEIGHT OF SUMMER PADDLING IS UPON US** – Members are returning from our favorite neighbor island paddles, like the Na Pali Coast paddle, or are gearing up to go off-island to our double-header day trip paddles on Lanai and one-week circle Lanai trip. Paddlers were undaunted by threats of adverse weather conditions caused by Hurricane Daniel. It is good that we now can easily obtain up to seven days of advanced weather forecast from the NOAA weather website. I especially like the graphical forecast located at http://www.prh.noaa.gov/hnl/pages/gfe_graphics.php. You can check the predicted swells and wind, among other things, for all parts of the State.

Checking the weather forecast is just one tool in planning a paddle. The final decision to have or cancel a paddle is usually made on the morning of the paddle. Weather forecast has been

inaccurate at times and seeing calm waters from shore does not guarantee that the seas will not turn rough a mile offshore or as the paddle progresses. The decision to have or to cancel a paddle should be based on experience and an assessment by the leader as to the skills of those paddling that day. If the conditions are questionable, a paddle leader always has the right to advise a paddler not to attempt the paddle or to cancel the entire paddle.

In spite of the best assessment, however, the seas may turn rough once the paddlers are out to sea. 1) Having a float <u>Plan</u> with designated regrouping points along the paddle, 2) checking the boats and <u>Equipment</u> on shore, 3) keeping the group <u>Together</u> by a true lead and sweep, 4) <u>Buddying</u> up paddlers, especially the experienced with the not-so-experienced, and 5) having radio or visual <u>Communication</u> between the lead and sweep will help all of the paddlers in the group complete the paddle safely. The acronym is **PETBC.** Let me know if anyone has a more creative acronym.

- 2. SIGN UP IS STILL AVAILABLE FOR OUR 25TH ANNIVERSARY NA PALI COAST PADDLE 2007 will mark the 25th anniversary of the founding of Hui Wa'a Kaukahi which makes it the oldest kayak club in Hawaii. In celebration of this milestone, we have planned, among other events, the 25th Anniversary Na Pali Coast Paddle from July 27 to August 1, 2007. Club volunteers have already applied for 27 permits but more permits are still available. You can secure a permit for yourself and your friends at the DLNR State Parks Office located in the Kalanimoku Building on the corner of Punchbowl and Beretania Street, Room 310. We will be camping at Kalalau Valley from July 27 to July 31, 2007 and at Miloli'i from July 31 to August 1, 2007. Both sites need to be applied for. The cost is \$10 per person per night for a total of \$50 per person. You can sign up to five people on each permit. A picture I.D. is required for all adults applying. If you are unable to go to the Parks office but are interested in going, contact me at the e-mail address listed below and we can make arrangements to get you a permit. Spaces are limited so sign up as soon as you can. Also e-mail me to let me know you've signed up and I will include you in the planning for the trip. It should be a lot of fun and maybe we can top the 40-course banquet we had on Kalalau Beach during our 20th anniversary celebration.
- 3. OFFICERS AND DIRECTORS NEEDED; NOMINATIONS TO BE HELD AT THE SEPTEMBER 19, 2006 MEETING WITH ELECTIONS AT THE OCTOBER 17, 2006 MEETING The Board of Directors of Hui Wa'a Kaukahi has voted to have terms limits for the office of President and is actively encouraging members to get more involved in the Club. Therefore, please encourage those members you want to run for President as well as for other offices and directorships, or consider running yourself. In addition to the vacancy in the office of President, there will be vacancies in the office of Secretary and three Board seats. As your President for the past seven

years, I am in favor of having term limits to encourage members to step up to the office of President and bring with them new ideas to help improve our Club. Thank you for your past support over these years. I will continue to help the Club after my term of office is over in October of this year.

Safe Paddling, Joe Hu President advisor@aloha.net



Group at Smoker's Rock, Kalalau

PADDLE REPORTS

MAKAPU'U TO KAILUA BOAT RAMP MAY 21, 2006 by Steve Harris

The May 21st paddle from Makapu'u to the Kailua Boat Ramp via the Big Moke did not officially happen because Small Craft Warnings were posted at 4:00 a. m. that morning. The warning was very sketchy and did not specify why it was being posted. It might have been because of wind but it was more likely big surf on the South and East Shores. It was pretty windy but not that bad and there definitely was bigger-than-normal surf. Too bad.

We went anyway and had a beautiful paddle. We didn't count boats or sign the waiver. All paddlers were club members. We did buddy up and there were some radios. There were about 8 boats. We did do a car pool. There were no accidents or other problems except that Susan lost her car keys.

The big news of the day was that I caught a 30-lb Ulua Aukea that did officially count in the progressive fishing contest. I'm back in the hunt to repeat this year. It was especially meaningful for me because, after dreaming about catching an ulua for almost 50 years, I finally caught my first one!! I started fishing when I was about 13. Hallelujah! He

put up a terrific

and

many

fight

provided

good meals.



Steve and his first ulua (30 lbs!)

BARBECUE JUNE 24, 2006 by Jean Ehrhorn

A calm morning greeted thirteen hardy club members who ventured out in Keehi Lagoon for what may be the first annual Keehi island surf clinic, clean up, and barbecue. The surf was small but very rideable and user friendly on the Ewa side of the main channel out of Keehi Lagoon. We saw Heinrich doing 360's and the two Pauls expertly carving up the waves. Beginners and old timers alike had a great time in the water. After over two hours of surfing, the group stopped at Kahakaaulana Island aka Steve's Pool or Blue Lagoon to do some litter pick up and then reward ourselves with refreshing swims and a barbecue lunch. least a dozen bags of trash were taken off the island.



Heinrich Albert hauling out a load of trash



Group at Keehi clean up project

HUI WA`A KAUKAHI SCHEDULE OF EVENTS AUGUST-SEPTEMBER 2006

Check the website at www.huiwaa.org (maintained by Webmaster Rusty Lillico) for details and updates, or contact the trip leaders listed below. The calendar on the website also contains tide information and links to aerial photos of some of the paddling sites.

Launch times. Unless stated otherwise, all groups should be assembled at the start point by 9:00 a.m. and launched by 9:15 at the latest. Depending on the length of the ride, car-poolers should have their boats set up and ready to leave the launch area a half-hour to a full hour before the launch time. Call the Trip Leader for the precise time. Locations. When given, map references (e.g. [22/D3]) are the page number and grid coordinates of the launch point in "Bryan's Sectional Maps of O'ahu," any recent edition. Ratings. See Paddle Ratings following the schedule.

Date	Event	Rating	Leader or Contact		
AUGUST					
Fri 4 – Sun 6	Off Island: Lana`i Daytrippers. A neighbor island trip, paddling empty boats. Camping at Hulopoe ("White Manele") Beach, with restrooms, showers, and grills. Day trips to various spots on the island.: three paddles of moderate difficulty, along beautiful coastline. Contact Alan for details and deadlines.	2	Alan Calhoun 621-6146 kayak-fool@hawaii.rr.com		
Sun 6	Open Ditch Fish Twitch . Fisher(wo)men get to pick their own favorite spots to paddle in, and any fish caught count towards the Progressive Fishing Tournament score.				
Fri 11- Thu 17	Off Island: Circle Lana`i. Paddle and set up camp each day for seven days. Challenging conditions and long distances. Experienced paddlers only. Contact Alan for details and deadlines.	4	Alan Calhoun 621-6146 kayak-fool@hawaii.rr.com		
Sun 13	Barber's Point Deep Draft Harbor to Pokai Bay Beach Park. Meet at 8:30 for the carpool. Call Kevin for special directions on access: don't go to the Ko Olima ramp. 11 mi. [102/C2].	2-3	Kevin Ching 947-4526 mokuluanui@yahoo.com		
Tue 15	Meeting . Church of the Crossroads, 7 pm. Program – Video presentation of Na Pali Coast/Kalalau Valley paddle/camp by Joe Hu.		Joe Hu, Pres. 528-3600 advisor@aloha.net		
Sat 19	Maunalua Bay Beach Park (Hawaii Kai) to Sans Souci. (Easy take-out at Waialae Beach Park, Kahala.) Carpool leaves the ramp at 8:00 am. "Possibly challenging." 4.5/8.5 mi. [18/D2].	3	Chuck Ehrhorn 395-6180 ehrhorn@lava.net		
Sun 20	Kaneohe Bay Kayak Papio Tournament. New and improved! Details and location to be announced closer to the event. Check the website for sign-up form, entry fee, rules of engagement.		Rusty Lillico 254-4123 lillico@hawaii.rr.com		
Sun 27	"Old" Pokai Bay Beach Park to Makua Beach. A spectacular paddle, don't miss it. Car pool at 8:30 AM. Meet at the old Pokai Bay Beach Park at the end of Waianae Valley Road. 6.5 mi. [111/D4].	2	Paul Tibbetts 734-5518 tibbetts@hawaii.rr.com		
	SEPTEMBER				
Sat 2	Haleiwa Beach Park to Camp Erdman (Mokuleia). Easy take off but might be a surfy landing. Good fun, if you're ready to do the distance. 8.5 mi. [61/F2].	3	Alan Calhoun 621-6146 kayak-fool@hawaii.rr.com		
Mon 4	Rough Water Swim. Kayaking volunteers needed for swimmer escorts. Contact Joe in advance to let him know your t-shirt size, and meet at the Hilton Hawaiian lagoon parking lot at 8:30 am.	2	Joe Hu, Pres. 528-3600 advisor@aloha.net		
Thur 7	Steering Advisory Board meeting. Hu & Tsuji, Pioneer Plaza, Fort Street Mall, 7:00 pm.		Jodi Dingle 951-4360 jldingle @hotmail.com		
Sun 10	Kahana Bay to Malaekahana State Park – <i>Outside the reef.</i> Because conditions are normally rough, paddlers must prequalify with either Jeff or Tim. Optional early takeout at Hauula Beach Park (6 mi. point). Carpool leaves Kahana (the ocean-side parking lot) at 8:30 am. 10 mi. [46/F1].	3+	Jeff Aurrecoechea 368-3891 Tim Sawyer 330-1108 sawyer@hawaii.rr.com		

Date	Event	Rating	Leader or Contact
Sat 16- Sun17	Kaiaka State Recreational Area (Waialua) Campout. Sign-up procedures, locations, permit requirements still being determined. Check the website for details. Anahulu Stream (Haleiwa) paddle (Sat. 16). Launch from Haleiwa Beach Park at 2:00 pm. 2 mi RT [65/A2]. Kaiaka Bay and Paukauila River/Kiikii Stream paddle (Sun. 17). Launch from the west end of Kaiaka Beach at 11:00 am. 4 mi. RT [64/B4].	1	Susan Strinkowski 541-2749 Susan.Strinkowski@ cms.hhs.gov Bim Bousman 949-4524 bim_bousman@yahoo.com
Tue 19	Meeting . Church of the Crossroads, 7 pm. Program – Videos and photos of Waipio Valley to Keokea paddle/camp on the Big Island by Stan McCrea.		Joe Hu, Pres. 528-3600 advisor@aloha.net

AND COMING UP DURING THE REST OF THE YEAR . . . (For more details, check the website or the next issue of *Lifeline*.)

Date	Event	Rating	Leader or Contact
Sat. Oct. 7	Mokoluas Full Moon Paddle (5:00 pm)	2	Steve Harris
Sun. Oct. 8	ITU World Triathlon (5:30 am). Volunteers needed.	1	Gary Budlong
Tues. Oct. 17	Meeting, Church of the Crossroads, 7:00 pm.		Joe Hu
Fri. Oct. 20 – Sun. Oct. 22	Hui Wa`a Leaders' Camp. Kualoa Beach Park., small group campsite.		Joe Hu and the incoming club president (TBD)
Fri. Oct. 27 – Sun Oct. 29	Central Pacific Kayak Symposium.		Joe Hu
Thur. Nov. 2	Steering Advisory Board Meeting. 7:00 pm.		Jodi Dingle
Sun. Nov. 5	Makai Range Pier to Kailua Beach Park	2	Chuck Ehrhorn
Sun. Nov. 19	Kahana River Clean the Stream Party	1	George Shoemaker
Tues. Nov. 21	Meeting, Church of the Crossroads, 7:00 pm.		TBD
Sun. Nov. 26	Kahana River Paddle	1	George Shoemaker
Sun. Dec. 3	Last Ditch Fish Twitch		Chuck Ehrhorn
Tues. Dec. 12	Club Christmas Party.		
Sun. Dec. 17	Double Rough Water Swim. Volunteers needed.	2-3	Bim Bousman

PADDLE RATINGS

1 - Easy Gliders

These paddles introduce first-time paddlers to sit-on-top kayaking in Hawaii, although everyone is encouraged to paddle - children (always accompanied by an adult), grandparents, old pros, and fisherpersons!

Duration – 1-2 hours. Distance – 3 miles (or so).

Generally, flat water in bays, rivers, streams, and lakes that are protected from surf and significant wind.

Recommended kayak type – Any kayak, including inflatables.

2 -- Intermediate Paddles

These paddles are great fun but require paddlers to have more strength and kayaking skills than the E-Z Gliders.

Duration – 2-4 hours.

Distance - 3 to 10 miles.

Generally, launching and landing is from protected bays and beaches; however, surf launches and landings are possible given the day's conditions. The paddle may go outside the reef in open ocean where 2- to 5-foot ocean swells can be encountered.

Recommended kayak type – Any kayak over 11 feet.

+ Blue Plus - This is an Advanced General Paddle in which wind and surf are more likely than not and/or paddling time is 3 to 4 hours. Must be able to get back in your boat with little or no assistance. Larger swells than "General" are expected.

3 -- Advanced Paddles

These paddles are the most challenging on Oahu. Paddlers should be in good physical condition and able to exit and re-enter their kayaks easily without assistance in open ocean. Must be comfortable in open ocean swells of 2-8 feet

Duration – 4 hours plus.

Distance - 10 miles plus.

Launches and landings are often through challenging surf. Paddles are outside the reef in open ocean swells and around points where water is very choppy and unstable.

Recommended kayak type - Any kayak over 11 feet. Kayaks at least 14' long with rudder systems are highly recommended.

+ Red Plus - This is an Advanced Advanced Paddle in which wind, surf, and unstable conditions are typical and self-reliance becomes highly important.

4 -- Expedition

These paddles are multi-day excursions requiring advance planning, provisioning, and logistics. All recommended safety and survival gear must be carried on board.

Duration – two days or more.

Distance - 5 to 20 miles per day.

Can involve landing and launching fully-loaded kayaks in moderate to high surf on unforgiving beaches. Third-party rescue and/or medical aid may be a day or more away. Self-reliance and familiarity with Hawaiian waters are high requirements.

Recommended kayak type – Any kayak over 14', with hatch straps and other deck modifications to allow on-deck stowage, gear securement, and self rescue. Rudder system is highly recommended. Fiberglass boats are discouraged.

Kayak Clinics - These are classes, camps, and clinics led by Club members who have significant experience and/or ACA certified training in the areas of expertise:

January Introductory Paddling Clinic at Kualoa Beach Park Super Bowl Sunday Surf Clinic

Easter Camp Introductory Paddling/Rescue Techniques Kapapa Island Campout

Lanai Day Trippers

LIST OF RESPONSIBILITIES FOR THE PADDLE LEADER

by Joseph Hu

- Handle inquiries via phone calls, e-mail (if available), and/or in person prior to the paddle.
- Get the marine radios from Rusty Lillico prior to the paddle and distribute them to qualified members at the launch site.
- Arrive at the launch site on time or earlier to check weather and sea conditions. Check the weather report ahead of time (Hawaiian Waters at 973-4382).
- 4) Officially cancel the paddle in the event of Small Craft Advisory.
- Organize and initiate a car pool to the landing site. 5)
- Gather the paddlers together prior to launching to discuss a paddle plan, including landing sites and planned rest stop or reconvening locations.
- Encourage the "buddy system" so members are within shouting distance of one another in case of emergency.
- Ask if there are any "new" paddlers (have never paddled before) in the group. Recommend that they attend a "beginners" clinic before participating, rather than risking injury. Leaders are not expected to teach new participants the fundamentals of paddling on the day of the event.
- Count the number of boats and the number of paddlers prior to the launch. Relay this information to the co-leader or another experienced paddler. Count them again each time the group reconvenes and at the landing site to insure that everyone is accounted for.
- 10) Read, understand, and follow the American Canoe Association Safety Guidelines.

RESPONSIBILITIES OF THE PADDLER

by Bob Walls

- 1) Each paddler is responsible for his/her own safety. Make sure that you are familiar with the skill level required, have had proper instructions about kayaking, have the necessary safety equipment, and that your boat and equipment are sea-worthy. Address any questions about these preparations to the Paddle
- Arrive at the launch site as early as necessary to be ready to launch at the scheduled time and to assist with the car pooling.
- Check in with the Paddle Leader upon arrival. Each participant must sign the release form and read the waiver provided by the Leader.
- Inform the Paddle of any physical limitations you may have, if you 4) intend to deviate from the paddle plan such as separating/landing from the group earlier, and other special situations. Otherwise, if you are unaccounted for, the Coast Guard will be alerted.
- You are responsible for briefing any non-member guests you bring about the planned route, group paddling practices, and emergency procedures and signals prior to the scheduled paddle. For instance, the universal SOS signal is to hold the paddle vertically as high as possible.
- The "buddy system" is encouraged. Stay in sight or communication with at least one other paddler. If you have a VHF marine radio, monitor the radio channel assigned by the Paddle Leader (usually Channel 72). However, sole reliance on club radios to call for help is discouraged because the radio may not be operable under certain ocean conditions and within certain coastal areas.
- Do not pass the designated Lead Paddler or fall behind the designated Sweep Paddler.
- Keep the Paddle Leader informed of any special situations which may arise during the paddle, either directly or indirectly by relaying the information through the designated Sweep or other paddlers in communication with the Leader.
- Check in with the Paddle Leader at the designated reconvening areas and at the end of the paddle so he can account for all participants. Provide any feedback or suggestions which may assist with future paddle scheduling and monitoring.
- 10) Enjoy yourself!



The Surf Aloha Committee extends its aloha and mahalo to those who volunteered at this year's event:

Surf Aloha Committee

Gary Budlong
Jodi Dingle
Lois Miyashiro
Maghna Zettle
Peter Nicholson
Elliott Wong

Andrew Altieri
Victoria Anderson
Steven and Suzanne Anthony
Donna Buscemi
Alan Calhoun
Aimee Chiland
Kevin China

Charles and Jean Ehrhorn Karl Frogner Melinda Furrer Michael Gage
Charles Hekekia, Jr.
Joseph Hu
Dani Kroll
Francis Lee
Sterling Leong
Carol Reese
Ed Rhinelander
Dan Sailer
Jane Sarver
Timothy and Elena Sawyer
Terry Shimabukuro

Rusty Lillico
Ann McLaren
Al Narciso
Eva Pennock

Susan Strinkowski
Paul Tibbetts
Frank Vanderbeck
Debbie Wheeler
Shaun Yates

and anyone we may have inadvertently omitted.

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PROGRAM

ANN McLAREN SCHEDULING

TIM SAWYER
SPECIAL ASSISTANT TO THE TREASURER

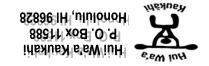
PAUL TIBBETTS

TECHNICAL ADVISOR/WEBSITE MANAGER

RUSTY LILLICO

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*Ex-officio voting Board members



IN THIS ISSUE:

Winners Galore!

- * Surf Aloha 2006
- 2006 HWK Annual Bragger's Rights Fishing Tournament (aka Rusty Lillico Fishing Tournament)
- ❖ Windbag Regatta 2006

plus

- **❖** Newsflash from Go Bananas Watersports
- ❖ President's Message
- ❖ Paddling Reports

Editor's correction: In the front page article, there was an error naming one of the surfing spots visited by Mark Pastick and his friends.
"Chungs" should be "Cunhas."

